

Large-Angle, Single-Order, Two-Dimensional Atomic Interferometry for Creation of Nanostructures

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Abstract

We have shown via explicit analysis as well as numerical simulation the design of two large angle interferometers employing two-photon pulses. The first one uses the technique of adiabatic following in a dark state to produce a very large splitting atomic interferometer, as well as one dimensional gratings with a spacing as small as 2 nm. This may lead to a nearly two orders of magnitude improvement in the sensitivity of devices such as atomic gyroscopes, which are already as good as the best laser gyroscopes. The second one uses the technique of Raman pulses to produce a *two-dimensional interferometer*, with independent choice of grating spacings in each direction, each being as small as 2 nm. This scheme may enable one to produce uniform arrays of quantum dots with dimensions of only a few nm on each side. In near future, this process may be generalized further to produce arbitrary patterns with the same type of resolution.

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In recent years, rapid progress has been made in the area of atom interferometry. Atomic beam gyroscopes have been demonstrated with sensitivities exceeding that of ring laser gyroscopes^{1,2}. Such a rotation sensor may enable one to measure the general relativistic Lens-Thirring rotation in the near future. Atom interferometers have also been used to measure precisely the ratio of Planck's constant to atomic mass, acceleration due to gravity, as well as gradient thereof^{3,4}. In some of these experiments, such as the gyroscope, the sensitivity is proportional to the area enclosed by the different paths, which in turn is determined in practice by the degree of splitting at the input port. For the current schemes, the splitting corresponds typically to a few photon recoils. As such, there is a need for an interferometer based on a much larger splitting. Using a high coherence-length source, such as the Bose-condensed atom laser⁵ this type of interferometer will also enable the creation of one and two dimensional structures with feature sizes of less than 10 nm. With chemical substitution techniques, these structures can be transferred to semiconductors or coinage metals, yielding uniform arrays of nano-quantum dots, for example.

Several schemes have been studied for realizing large angle beam splitters. The interaction of a two level atom with a standing wave light field can produce large splitting; however, the atoms are scattered into multiple orders⁶ because of the sinusoidal nature of the phase grating. The magneto-optic beam-splitter⁷⁻⁹ and variations thereof^{10,11} produces a triangular phase grating, which represents an improvement over the pure standing wave. Because of the subwavelength extent of the triangular shapes, however, the number of higher orders is still significant. In another scheme involving bichromatic standing waves exciting a two level transition, the potentials remain triangular for all the dressed states, and extends over many wavelengths¹². Both of these schemes suffer from the problem that typically the atoms are in the excited state for nearly half the time. As such, in order to minimize decoherence, the interaction time has to be small compared to the natural lifetime. This in turn limits the maximum, coherent splitting to less than 20 photon recoils due to constraints imposed by high frequency modulators.

In this article, we propose a new beam splitter which can achieve a splitting exceeding ± 100 photon recoils, and can be recombined easily to yield a high sensitivity interferometer. For concreteness, we consider the ^{87}Rb atom, released from an evaporatively cooled magnetic trap (or a Bose condensate) and falling under gravity, as an example for this scheme. The relevant energy levels are shown in figure 1. The atoms are assumed to be in the state $|F=1, m_f=1\rangle$ at the onset. Here, the quantization direction, \mathbf{z} , is assumed to be normal to the direction of gravity, denoted as \mathbf{y} .

Using a pair of linearly polarized laser beams, co-propagating in the \mathbf{x} direction, we excite the Raman transition, coupling $|F=1, m_f=1\rangle \equiv |a\rangle$ to $|F=2, m_f=1\rangle \equiv |c\rangle$, via two π -polarized transitions. The beams are detuned strongly from the excited manifold of the D_2 line, but two-photon resonant, so that the process can be thought of as a two-level transition between the two magnetic sublevels. The duration of these beams are controlled precisely, corresponding to a $\pi/2$ pulse. Ignoring the small difference between the photon recoils corresponding to the two legs of the Raman transition, we note that the center-of-mass momentum remains unchanged during this process.

The component of the atom remaining in the state $|a\rangle$ can now be deflected, in the $-z$ direction, by using a set of counter-intuitively sequenced Raman pulses that couple this state to $|F=1, m_f=-1\rangle \equiv |b\rangle$, via the intermediate state of $|F=1, m_f=0\rangle$ of the D_1 manifold^{13,14}. Here, the optical beams are circularly polarized, and propagate in the $\pm z$ direction. Consider the effect of the first pair of pulses seen by the atom. The timing of the pulses, each of duration $2T$, is controlled to ensure that the σ_+ polarized pulse, propagating in the $+z$ direction arrives first, at time $t=0$. Halfway through this pulse (i.e., at $t=T$), the second pulse with σ_- polarization and propagating in the $-z$ direction, arrives at the atom. From $t=0$ to $t=3T$, the atom evolves adiabatically, always staying in the dark state corresponding to the Raman transition: $|D\rangle \propto \{g_-|a,0\rangle - g_+|b,-2\hbar k\rangle\}$, where g_{\pm} are the Rabi frequencies corresponding to the σ_{\pm} pulses, and k is the wave number corresponding to the optical transitions. As such, at $t=3T$, the atom is in equal superposition of $|c,0\rangle$ and $|b,-2\hbar k\rangle$, i.e, the part in the internal state $|c\rangle$ has no momentum in the z direction, while the part in the internal state $|b\rangle$ has a momentum corresponding to two photon recoils in the $-z$ direction. The requirement for this process to remain adiabatic is that the average Rabi frequency be much larger than the inverse of the pulse duration; this condition can be easily satisfied for pulses as short as a 10's of nanoseconds. Furthermore, note that the pulse area for this process does not have to be exact in order for the transfer to be exact.

This process is now repeated during the second pair of pulses, where the atom sees first a σ_- pulse moving in the z direction, followed an interval T later by a σ_+ pulse moving in the $-z$ direction. After this pulse sequence, the atom ends up in equal superposition of $|c,0\rangle$ and $|a,-4\hbar k\rangle$. More generally, after $2N$ pairs of pulses alternated in this form, the atom is in an equal superposition of $|c,0\rangle$ and $|a,-4N\hbar k\rangle$. Figure 2 shows the results of a numerical simulation for $4N=60$. Here, the curve shows the mean center of mass momentum of the $|a\rangle$ component, as a function of the total interaction time. Note that as the atoms start gaining more and more momentum, they will tend to get out of two-photon resonance. In this simulation, this detuning has been compensated exactly by adjusting the frequency of the pulses; the same can be realized easily in an experiment as well. As such, this process may be characterized as a step-wise frequency chirped single order deflection, and, unlike most other beam-splitters/deflectors, is not bounded by the so-called Raman-Nath limit. Here, we have kept N limited to a relatively small number primarily because of computational constraints; in order to keep track of the momentum spread, the size of the density matrix scales as N^2 , and the propagator for the density matrix scales as N^4 . From this result, it can be inferred that the process can continue coherently for larger N , yielding momentum transfers as high as a few hundred recoils before the momentum spread would start becoming significant.

Let us consider a situation where $2N=50$, so that at the end of the pulse sequence, the atom is in an equal superposition of $|c,0\rangle$ and $|a,-100\hbar k\rangle$. We assume $3T=150$ nsec, the time required for each pair of pulses to interact with the atom, and g , the rms rabi frequency of 100 MHz, so that the adiabaticity parameter of $(2\pi g)^{-1}/T$ is about 10^{-2} , which is much less than unity, as required. The total duration for the splitting sequence is

thus about 7.5 μsec . The gravitational drop during this interval is negligible compared to the size (about 1 mm) of the initial atomic cloud. Because of the velocity difference between the two components of the atomic state, the cloud will now separate spatially while falling under gravity. For ^{87}Rb atoms, the momentum difference between these two components corresponds to a transverse velocity difference of about 1 m/sec. As such, in 2 msec, for example, the atomic cloud will separate spatially, in the \mathbf{z} direction, by a distance of 2 mm, while each component individually will spread much less, since the velocity spread in the initial cloud is less than a single recoil. The corresponding drop in the \mathbf{y} direction, due to gravity, will be only 20 μm .

At this point, another sequence of pulses, with $2N=100$, is applied to the pulses, again along the \mathbf{z} direction, with the direction of the pulses reversed, so that at the end of the pulse sequence the atom will be in an equal superposition of $|c,0\rangle$ and $|a,+100\hbar k\rangle$. This process will take only about 15 μsec , so that the separation between the cloud will remain essentially unchanged. We now apply a set of linearly polarized laser beams copropagating in the \mathbf{x} direction, only to the $|c,0\rangle$ component of the atoms. Because of the large spatial separation between the clouds, this is easily possible. As before, these beam will excite off-resonant π transitions on the D_2 manifold, which will correspond to a resonant two-photon transition coupling $|c,0\rangle$ to $|a,0\rangle$. The duration of these beams is chosen to correspond to a π pulse. Therefore, the state of the atom will now be an equal superposition of $|a,0\rangle$ and $|a,+100\hbar k\rangle$, separated spatially by 2 mm.

These two clouds will now come together at the rate of about 100 cm/sec, spatially superimposing each other in about 2 msec, while dropping under gravity by about another 20 μm . The interference between these two arms will yield matter wave fringes, with a peak-to-peak spacing of about 8 nm. Using techniques that have already been well established¹⁵ this pattern can first be deposited on a substrate coated, for example, with self-assembled monolayers of octyltrichlorosilane. The damage induced on this layer can then be transferred chemically to an underlying layer of semiconductors as well as coinage metals. This approach is obviously the preferred one for lithographic applications. Figure 3 summarizes the various steps involved in this process.

For interferometric application, another technique can be used in order to reduce the spatial period of the interference fringes, so that Ramsey techniques can be used to detect the interference. Briefly, the number of pulses during the reverse-deflection sequence would be reduced, in this case, to $2N+1=51$, so that the split packets will correspond to an equal superposition of $|c,0\rangle$ and $|b,+2\hbar k\rangle$. The \mathbf{x} directed pulses will no longer be applied. The clouds will now converge at a much slower rate, taking 100 msec before overlapping each other, with a corresponding drop of about 5 cm due to gravity. A pair of opposite circularly polarized pulses, counterpropagating along the \mathbf{z} axis, will now be applied, in order to excite a Raman transition between $|c,0\rangle$ and $|b,+2\hbar k\rangle$ states. As before, these pulses will be highly off-resonant with respect to the excited states of the D_2 manifold, with a two photon detuning denoted by Δ . For $\Delta=0$, we choose a pulse duration correspond to a $\pi/2$ pulse coupling $|c,0\rangle$ and $|b,+2\hbar k\rangle$. This $\pi/2$ pulse will transfer all the atoms into the $|b,+2\hbar k\rangle$ (and not the $|c,0\rangle$ state, because of the sign

difference introduced between the $|a\rangle$ and $|b\rangle$ states during a single step of adiabatic transfer). As Δ is scanned while the population in state $|c\rangle$ is observed, a Ramsey type fringe would be seen, with a frequency width corresponding to $1/\tau$, where τ is approximately equal to the time separation between the first pulse that split the atoms into the two internal states, and the last pulse that recombines them. In this case, this linewidth will be about 10 Hz, corresponding to τ of about 102 msec. Of course, any systematic phase shift between the two arms will be manifested as the corresponding shift in the fringe pattern, thus enabling detection of effects such as rotation.

For lithographic applications, it is desirable to be able to split the atomic beam in two orthogonal direction, producing four components, which would yield a two-dimensional pattern. The scheme discussed above does not render itself easily to a two-dimensional generalization. Instead a modified scheme can be used. We assume now that right after the atoms are released from the trap, they are each in state $|a, p=0, q=0\rangle \equiv |a, 0, 0\rangle$, where p corresponds to momentum in the $+z$ direction, and q corresponds to momentum in the $+x$ direction. We now apply, along the z axis, two counter-propagating, σ_+ polarized beams, exciting the transition between $|a, 0, 0\rangle$ and $|c, -2\hbar k, 0\rangle$. As before, these laser beams are assumed to be off-resonant with respect to the excited levels of the D_2 manifold, but two-photon resonant for this transition. Note that the beams have distinct frequencies, one (A) coupling $|a\rangle$ to an excited state, while the other (C) is of a lower frequency, coupling $|c\rangle$ to the same excited state. Unlike the case of adiabatic transfers, the pulses (each of the same duration) are now timed such that they both appear at the atom at the same time, thereby leaving at the same time. First, the time duration is chosen to correspond to a $\pi/2$ transition, with A propagating in the $-z$ direction, while C propagating in the $+z$ direction, so that the atom ends up in an equal superposition of $|a, 0, 0\rangle$ and $|c, -2\hbar k, 0\rangle$. For concreteness, let us call this duration $T'/2$. The subsequent pulse pair is now assumed to be the same as before, except with a duration of T' , and the directions of A and C reversed. This will cause a π transition between $|a\rangle$ and $|c\rangle$, producing an equal superposition of $|c, +2\hbar k, 0\rangle$ and $|a, -4\hbar k, 0\rangle$. The next pulse pair is identical to this one (i.e., of duration T'), except that the directions of A and C are again reversed. The state of the atom after this pulse will now be an equal superposition of $|a, +4\hbar k, 0\rangle$ and $|c, -6\hbar k, 0\rangle$. After $2P$ number of such alternating pulse pairs (each pair with a duration T'), the atom will be in an equal superposition of $|a, +4P\hbar k, 0\rangle$ and $|c, -(4P+2)\hbar k, 0\rangle$.

Consider a case where $2P=24$, so that after the sequence of pulses, the two components will differ in momentum in the z direction by $98\hbar k$, and separate out with a velocity of about 100 cm/sec. Thus, as before, the cloud will split up in two parts, with a separation of 2 mm after 2 msec. For this value of $2P$, the two clouds corresponds to states $|a, 48\hbar k, 0\rangle$ and $|c, -50\hbar k, 0\rangle$, respectively. We now apply a set of right circularly polarized pulses, with frequencies A and C, and propagating in the opposite directions, along the z axis. By choosing a pair of pulses, properly sequenced in directions, and numbering $2P=48$, we can now reverse the direction of each of the components, producing an equal superposition of states $|a, -48\hbar k, 0\rangle$ and $|c, 46\hbar k, 0\rangle$.

We then apply a pair of linearly polarized beams, co-propagating along the \mathbf{x} direction, causing a Raman transition between $|a\rangle$ and $|c\rangle$ ¹⁶. The duration and spatial location of this pulse pair is chosen such that a π transition is induced between $|a\rangle$ and $|c\rangle$, only on the component of the cloud that corresponds to the state $|c, 46\hbar k, 0\rangle$. The atom is now in an equal superposition of the states $|a, -48\hbar k, 0\rangle$ and $|a, 46\hbar k, 0\rangle$.¹⁷

While these two components are converging to each other in order to produce interference fringes in the \mathbf{z} direction, we split each component further along the \mathbf{x} axis, and recombine them using a reverse sequence. Explicitly, we first apply a pair of linearly polarized beams, with frequencies A and C respectively, counter-propagating in the \mathbf{x} direction. In a manner analogous to the \mathbf{z} directed splitting, we first apply a $\pi/2$ pulse, interacting with both components of the split cloud, which produces an equal superposition of four states: $\{|a, -48\hbar k, 0\rangle, |c, -48\hbar k, -2\hbar k\rangle\}$ separated spatially in the \mathbf{z} direction from $\{|a, 46\hbar k, 0\rangle, |c, 46\hbar k, -2\hbar k\rangle\}$. This is followed by a series of direction-alternating π pulse pairs, numbering $2Q$, producing a set of four states:

$\{|a, -48\hbar k, 4Q\hbar k\rangle, |c, -48\hbar k, -(4Q+2)\hbar k\rangle\}$ and $\{|a, 46\hbar k, 4Q\hbar k\rangle, |c, 46\hbar k, -(4Q+2)\hbar k\rangle\}$. The two subclouds in curly brackets are spatially separate from each other in the \mathbf{z} direction, while inside each subcloud two sub-subclouds will now separate out in the \mathbf{x} direction, with a velocity of 200 cm/sec if $2Q=4P=48$. Thus, after about 1 msec, the separation in the \mathbf{x} direction will be about 2 mm in each subcloud. At this point, first a set of pulses totalling $2Q=96$ will be applied in the \mathbf{x} direction, with the timing sequences chosen so as to reverse the direction of splitting in the \mathbf{x} direction. This will now produce an equal superposition of the following four states:

$$\{|a, -48\hbar k, -96\hbar k\rangle, |c, -48\hbar k, 94\hbar k\rangle\} \text{ and } \{|a, 46\hbar k, -96\hbar k\rangle, |c, 46\hbar k, 94\hbar k\rangle\}.$$

A \mathbf{z} directed pair of copropagating, circularly polarized beams are now used to excite a π transition between $|a\rangle$ and $|c\rangle$, but located spatially so as to affect only the $|c\rangle$ sub-subcloud inside each subcloud. The spatial separation of 2 mm in the \mathbf{x} direction makes this selective excitation possible. After this pulse sequence, we form four pieces of clouds, converging to one another in both \mathbf{x} and \mathbf{z} direction, and each in the internal state $|a\rangle$:

$$\{|a, -48\hbar k, -96\hbar k\rangle, |a, -48\hbar k, 94\hbar k\rangle\} \text{ and } \{|a, 46\hbar k, -96\hbar k\rangle, |a, 46\hbar k, 94\hbar k\rangle\}.$$

Note that the clouds are now separated in the \mathbf{z} direction by 1 mm, and in the \mathbf{x} direction by 2 mm. Similarly, the speed of convergence in the \mathbf{z} direction (about 100 cm/sec) is half that of the convergence speed in the \mathbf{x} direction. As such, all four components of the cloud will come together in another msec, forming a 2 dimensional matter wave grating pattern. Figure 4 shows schematically the splitting and recombining patterns. The bottom of figure 4 also shows the results of a numerical simulation, producing a two dimensional grating. The spacing of these patterns are determined by the values of P and Q: the peak to peak separation in the \mathbf{z} direction is given approximately (for the rubidium transition wavelength of about 800 nm) by $100/P$ nm, and the separation in the \mathbf{x} direction is $100/Q$ nm. For the numbers chosen here, we thus have a grating with about 4 nm spacings in the \mathbf{x} direction, and 8 nm spacing in the \mathbf{z} direction. Structures as small as 2 nm seems

feasible given the source particles parameters considered here. The number of spots, and uniformity of height thereof, are determined largely by the coherence length of the sample. For a Bose condensed source, the coherence length is of the order of $300\ \mu\text{m}$, so that upto 10^{10} structures can be produced and deposited over an area of $300\ \mu\text{m}$ diameter. In one dimensions, these conclusions apply also to the adiabatic interferometer discussed above.

In summary, we have shown via explicit analysis as well as numerical simulation the design of two large angle interferometers. The first one uses the technique of adiabatic following in a dark state to produce a very large splitting atomic interferometer, as well as one dimensional gratings as small as $2\ \text{nm}$ spacing. This may lead to a nearly two orders of magnitude improvement in the sensitivity of devices such as atomic gyroscopes, which are already as good as the best laser gyroscopes. The second one uses the technique of Raman pulses to produce a two-dimensional interferometer, with independent choice of grating spacings in each direction, each being as small as $2\ \text{nm}$. This scheme may enable us to produce uniform arrays of quantum dots with dimensions only $2\ \text{nm}$ on each side. In near future, this process may be generalized further to produce arbitrary pattern with the same type of resolution, with applications to integrated circuits.

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16. Note that because of the particular magnetic sublevels chosen as $|a\rangle$ and $|c\rangle$, both σ_+ - σ_- as well as π - π Raman transition exist for coupling these two states. This, for example, is not the case if $m_f=0$ levels were chosen for both $|a\rangle$ and $|c\rangle$, because of selection rules prohibiting $\Delta f=0$, $\Delta m_f=0$ transitions, and the constraint that $|\Delta f|\leq 1$.
17. If left alone, these components will now come together in about 2 msec, and, as before, form fringes with a peak to peak spacing of about 8 nm. Alternatively, the same technique as above can be used, by reducing number of pulses in the deflection reversing sequence ($2P=24$), and skipping the x directed pulses, so that the relative momentum between the two components is only $2\hbar k$. A $\pi/2$ pulse will then put all the atoms in the same internal state, and two photon detuning of this pulse will yield Ramsey type interference fringes with a frequency width of about 10 Hz. For one dimensional experiments, especially interferometry, however, the adiabatic method discussed above is preferable, because of the lack of constraints on the exact pulse area.

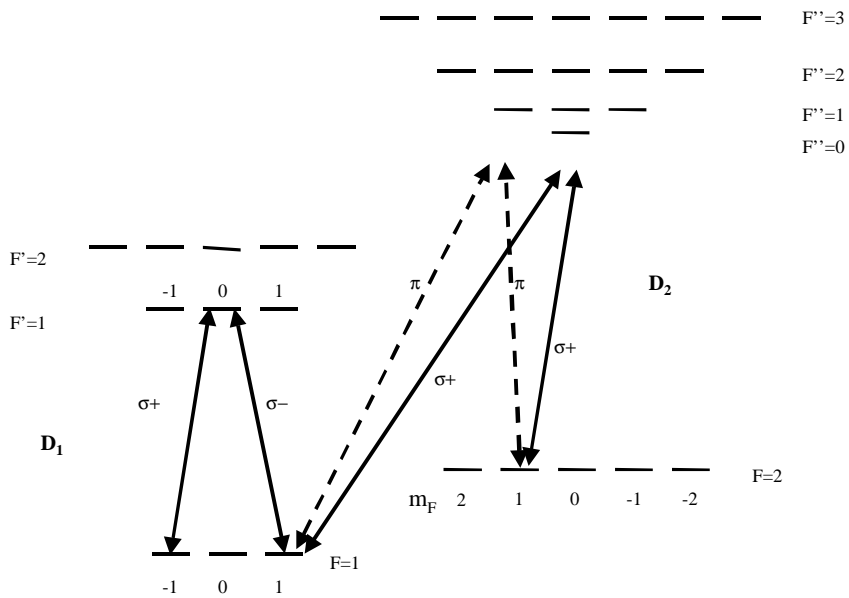


Figure 1. Schematic illustration of the relevant energy levels of ^{87}Rb atoms, considered in this article as an example. Transitions from both the D_1 and the D_2 manifolds are used. The presence of two different types of Raman transitions in the D_2 manifold, excitable by optical beams propagating in orthogonal direction, is a key element of this design.

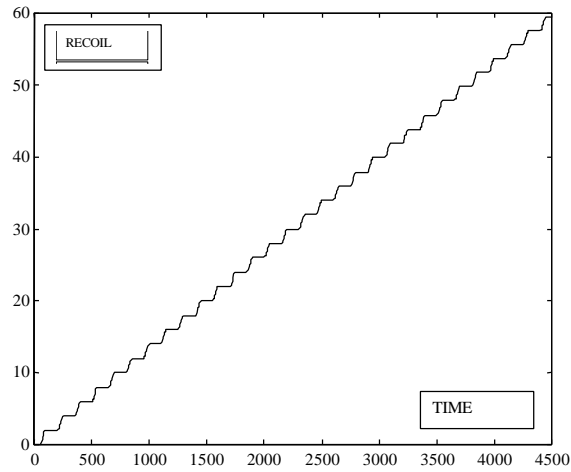


Figure 2. Result of numerical simulation, showing splitting corresponding to the absorption of 60 recoil momenta. The process, compensated for Doppler detuning, is expected to continue upto a few hundred recoils until deleterious effects of imperfect adiabatic transfers would become noticeable.

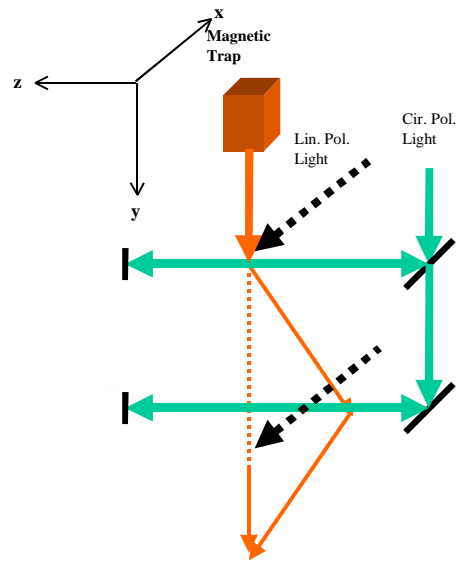


Figure 3. Schematic illustration of the three dimensional geometry employed in producing a beam splitter and recombiner via adiabatic following in the Raman dark state.

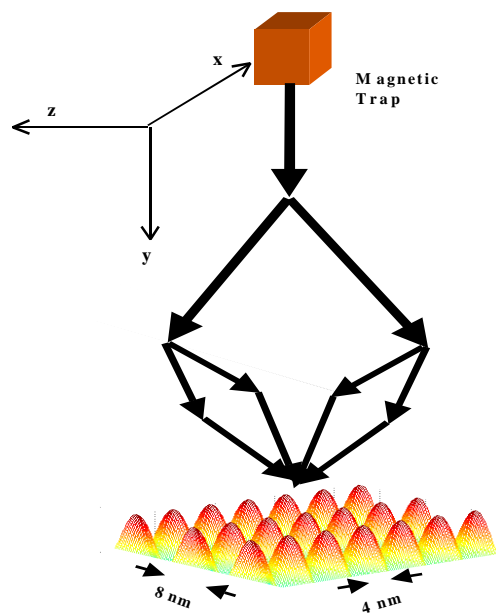


Figure 4. Basic illustration of the steps involved in producing two dimensional beam-splitting and recombining. For simplicity, the laser beams are not shown in the diagram. The two dimensional pattern at the bottom is produced via numerical simulation of the process described in the body of the text.